824 of God or some other holy word written on every leaf; and the baraka
778 of its oil (Arab. zit; Berb. zzit [Igliwa], zzest [Temsaman]) may be
so strong as to make the oil increase by itself and even become dan-
842] gerous. It is drunk by men in order to enhance their procreative power
[843] (Ait Waryager), and pregnant women eat olives so that the child shall
be good-looking (Tangier).

[109] Baraka is ascribed to the oleander, especially to the so-called "sultan of the oleanders" or "sultan of the oleander".

824 In various tribes it is the custom for scribes to write some words
755 from the Koran or leaves of a "sultan of the oleander" (Tsul,
778 Temsaman, Ait Waryager), or even of an ordinary bush of the same species (Ait Sadden) for sick people, who burn the leaves, let the smoke pass underneath their clothes, and inhale it.

[110] At Midsummer and asura there is miraculous virtue in a large number of vegetable species, and some of them have magic or medicinal qualities on other occasions as well. In the Hiaina sendgura (Lavandula stœchas or Teucrium Chamœpitys; also called sengdura, sengura, and, in the Berber of the Ait Yusi, tof ttarba) which has been gathered in the morning before the sun has risen and the hoopoe has made itself heard, especially on New Year's day, is said to contain one hundred and one medicines; it is taken internally by persons suffering from dysury, it is applied externally to the head in the case
[231] of a headache, and it is given in milk to dogs troubled with a cold or, on the 17th of May (mut l-ard), to savage dogs to make them tame. A Rifian from the Ait Waryager said that it contains seventy medicines,
842] and that it is used by women as a remedy for barrennes; it is dried in the sun, pounded, and mixed with honey, and then taken in the morning on an empty stomach.

[841] [111] Charcoal made of lentisk (Pistacia lentiscus; Arab. dro; Berb. fadis [Temsaman] or fadis [Ait Waryager]) is eaten by women suffering from irregular appearance of blood.

778 [112] The Ait Waryager use the fresh leaf of a palmetto (digazdand)
824 as a means of getting back a stolen horse, mule, donkey, ox, or cow.
696 Some scribes recite over it something from the [113] Koran, knot seven of its tips, and make fatha, after which they give the leaf to the owner of the animal. He ties it to the peg in the yard to which the animal used to be tethered; and this will have the effect that the thief will be unable to sell the animal. A friend of his will then go

778 A charm from the Koran, called kiraha, karaha, or korh, "hatred"
755 or "destestation", is written for the purpose of curing a person of some particular vice from which he is suffering, such as drunkenness or
[276] libidinousness or the habit of smoking Indian hemp (kif). This charm is hung on him, and in addition some fowl's dung is secretly mixed into his food so as to make the object of his evil desire—drink, women, or kif—as distasteful to him as is the dung (Andjra, Ait Waryager).

[214] A simpler method adopted for the same purpose is to ask the schoolmaster to write a charm from the Koran, which is put into a little case of leather or calico and hung round the neck of the boy (Ait Waryager).

784 [223] In various places it is considered bad to give yeast (Garbiya, Hiaina, Ait Waryager) or salt (Garbiya, Ait Nder, Ait Waryager) out of the house or tent after asar or sunset.

[224] The Rifians of the Ait Waryager and the Shlöh of Aglu consider it very dangerous to cut down trees on a Friday. In many parts
[224] of the country hunting is then abstained from (Fez, Mogador, Ulad
[753] Bu aziz, Andjra, Ait Waryager, Igliwa, Aglu); a Berber from Glawi told me of a man who killed five pigeons with one shot on a Friday, and became blind at the same moment.

● 841 [232] In Andjra the women should be clean when they milk the
778 cows, sheep, or goats; if an animal is milked by a menstruating woman it will become diseased. Among the Ait Waryager, on the other hand, a menstruous woman is allowed to milk an animal, but not a woman who has refrained from washing after she has had connection with her husband. In the same tribe it is held that if an unclean person goes among the sheep they will die, because they are holy animals and in consequence easily hurt by defilement.

784 The horse, which is such a holy animal, must be well guarded
634 against pollution. It seems to be a universal belief in Morocco that
778 if a person who is sexually unclean rides a horse some evil will happen to him: he will tumble down, or be late in arriving at his destination, or will not succeed in his business, or will have boils, or become ill or die.

[233] Some people even say that the mule, though not a holy animal, will get sores if ridden by an unclean individual, whereas nothing will happen to the rider (Andjra, Ait Waryager). When a person gives barley to a horse, mule, or donkey, he should be clean,